



TRAIL TALES

HIKING CLUB

P.O. BOX 1074, GREEN VALLEY, AZ 85622

Spring 2010

President's Comments

This letter is similar information to what was covered in the Annual Meeting on March 8th. There were 76 members present, which is good, but that leaves about



375 members that haven't heard the message. It is important to report to the membership, and to say thanks to all of our volunteers. So, here goes...

As Warren Buffett would say, "I am glad to report that your club is in good shape". We have 439 paid memberships, 59 hike leaders and sweeps, and all board and committee

positions are filled at this time. During the winter months we have had 140 - 190 hikers every Thursday, weather permitting. Thank you to the Hike Master, Wayne Moshier, and to all the leaders and sweeps for helping it run smoothly.

The number of members and the number of hikers are down slightly from last year. That could be related to the current economy. In any event, I would describe it as "Steady as she goes".

Financially, our cash balance at 12/31/09 was \$7,863. Half is dues paid in advance for 2010, and half is carry over from prior years. Our cash balance decreased \$488 in 2009, and decreased \$100 in 2008. Dues have remained at \$8 per year since 1995, a pretty good record of cost control.

Our annual "changing of the guard" will take place at our April 21st board meeting. Three board members, Phil Gray, Nello Modesto, and Bonnie Becker, and Hike Master, Wayne Moshier, are completing their terms. Thank you, to each of you, for your part in making our club the success that it is.

I encourage each member to go to our web site at www.gvrhc.org. Information at the web site includes our hike schedules, events calendar, our policy manual, Arizona recreational permit application, annual meeting minutes, Trail Tales newsletter, Hall of Fame, and our Library, among other things. It may help you understand the club and the great Arizona hikes that we offer.

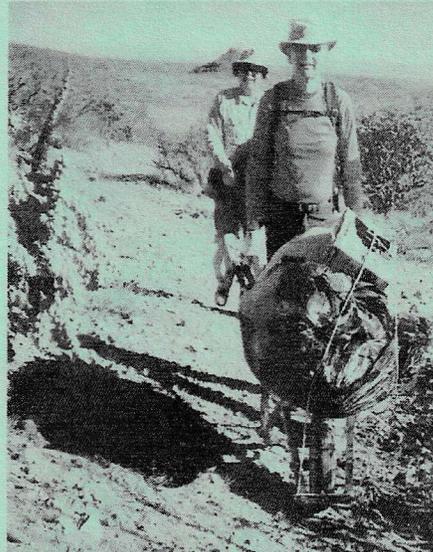
Well, that just about wraps up my year as President. It has been a good one. I look forward to more hiking club activities with you.

See you on the trail

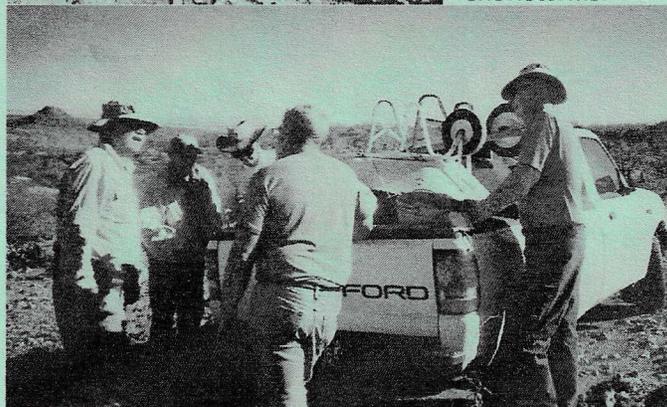
Phil Betzel, President

Trail Maintenance and Clean-up Efforts

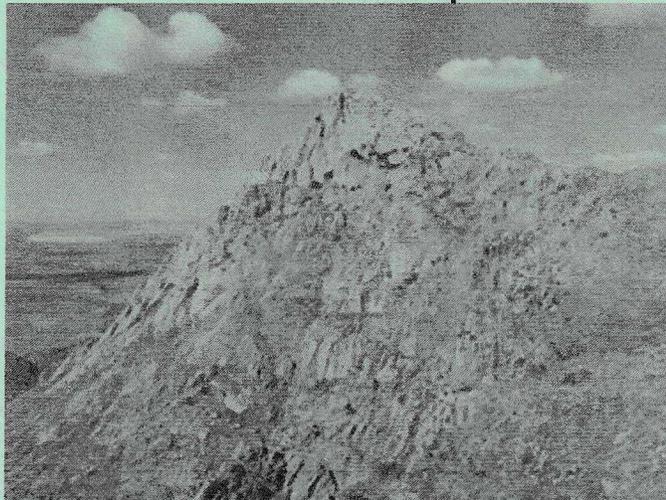
Under leadership of Richard Shimanek and Ed Westhoven ninety-five GVHC members have volunteered a total of 490 hours and removed over 341 bags of trash



from our hiking trails since February of 2009. Recently members worked clean-up efforts in the Ironwood National Monument and several areas in the Santa Ritas. The trail maintenance included restoring trails after the ravages of this winter's mountain snowstorms.

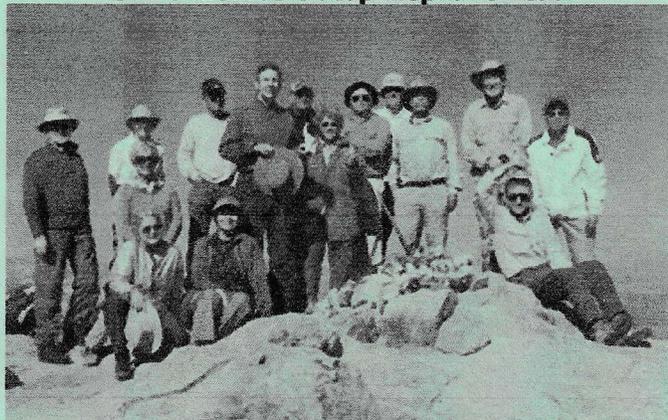


Santa Rita Mts Landmark Elephant Head



The climb to the top of Elephant Head has challenged the club's most experience hikers. Earlier this year the below group of hikers, many for the first time, reached the top.

GVHC members atop Elephant Head



IN REMEMBRANCE

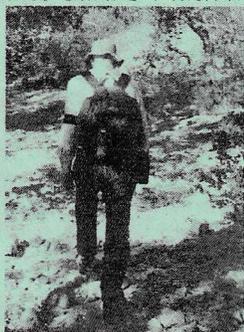
Jean & Bill Hills

Early club members

Barry Murdoch

Former Club President, Hike Master,

Records Guru & much more



Membership Report. . .

As of 3/22/10 we have 448 paid members. Of those, 73 are new to the club. 2010 Directories will be available in the parking lot before hikes.

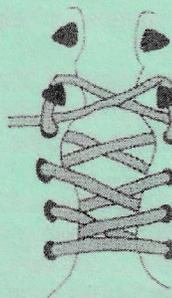
Barbara Powell, Membership Chair

HIKING BOOT CHECK: Is it time to replace or resole your boots? Good tread is vital to safe hiking, as are comfortable well fitting boots. Take a minute to check the tread on your soles. Below are several lacing tips to make your boots fit better. Copied from a Summit Hut flyer.

Boot Lacing

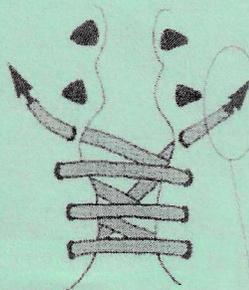
The lacing of your boots can make the difference between a good fit and a great fit. Below are a few hints that can improve the way your boots currently fit. To answer any of your boot fit questions please ask any of our Summit Hut sales associates.

Sherpa Knot



Stability in a boot is enhanced through a snug heel. That means better control and performance from your boots. This method will tighten the heel without pinching the foot.

Expanding Toe Room



To increase space in the toe box and reduce pressure on the top of the toe. To use this method pull on the short straight lace.

The Window System



Try this to relieve "hot spots" on the top of your foot. Place a surgeon's knot above and below the painful area.

Hike Master Notes . . .

Well it has been quite a hike year, mostly safe and enjoyable. We dealt with the State Land Department when they changed the permit system so our usual permit was not available and new permits did not fit our needs. After a lot of back and forth the state land officials came up with the permits we now use. Please remember these are valid one year from date of issue so will need renewal each year.



We have been very fortunate during the past months not to have any serious injuries. I think this is due to good leadership and even more, careful hikers choosing carefully the hikes they do. Lets keep on with this!

The weather (an old favorite topic) was an issue at times—Hot/Cold—Wet / Windy. We have had it all. Please remember that the Hike Master puts the schedule together two months in advance of hike dates and does not have a crystal ball. (A possible club purchase ?) Thanks for the co-operation and patience everyone.

This club runs on volunteerism, whether its O&R, Social Functions, Awards, Trail Maintenance/Cleanup, Leading Hikes or assisting, WHATEVER! Thanks to you all for your contributions to keeping OUR club viable and running.

We recently had the pleasure of seeing Helen Zaukas present Winnie Kruper her 4,500-mile award. Winnie is a former Hike Master and has been very giving in her years of club work. On the same hike I had the pleasure of presenting Helen with her 5,500-mile award. Helen, also, has held many positions over the years and continues to do a great job. Congratulations to you both.

Wayne Moshier. Hike Master.



New Leaders: Jim Chervenka, Dick Shimanek & David Colpitts.

Awards . . .

This past year we gave out more than 130 patches representing hikes extending more than 3 times around the world! Special congratulations go to those who have traveled more than 2,000 miles on official club hikes.

2,000 — Ron Barry, Bud Boysen, "Brock" Brockhaus, Kathy Chute, Bert Mueller, and Barbara Schild.

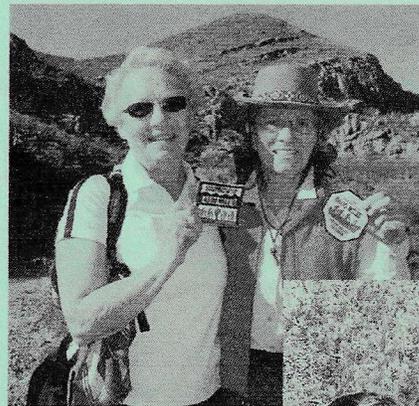
2,500 — George Chute, Phil Gray, Vickie Mattox, and Wayne Moshier

4,500 — Winnie Kruper

5,000 — Tracy Ackerman

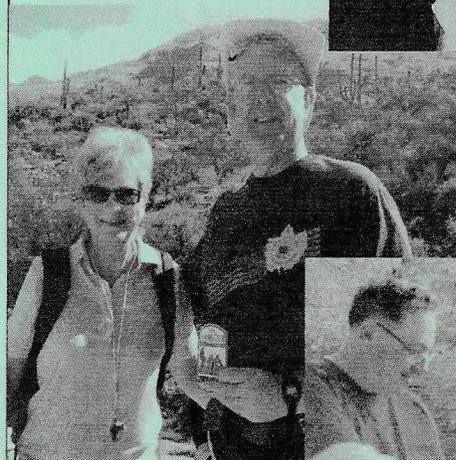
5,500 — Helen Zaukas

Thanks go to Phil Gray for having served as Awards Chair for this year. Bev Rosenthal will be assuming the job as "Awards Fairy" as of May 1!



Helen & Winnie

Tracy with his wife, Connie & daughter, Cindy



Phil with Leader Mammie

Nello's 1500

Modesto



RULES TO HIKE BY....

1. **Definition** – a New Member is someone who has never belonged to the club before
2. A person who may become a new member has two perks that can be used only once. First, that person can hike twice without having to join the club and pay dues. Second, that person can join the club in November or December and receive membership privileges through the following calendar year.
3. **Definition** – a guest is a person whose principal residence is 20 miles or more from Green Valley and who does not have GVR membership, but has a GVR issued guest card.
4. Hikers, regardless of status, must wear hiking boots.
5. Hikers who are **not guests** must take Orientation before hiking with the club.
6. **Definition** – a continuing member is someone who is applying for an annual membership and who was a member in the year preceding that.
7. **Definition** – a returning member is someone who is applying for an annual membership and who had been a member sometime before the year preceding that.
8. A returning member, regardless of length of absence, does not get new member perks, except that Orientation is not required.
9. Dues are assessed for the calendar year, and are not prorated for a partial year.
10. A continuing member is in arrears for dues if not paid before his first hike in the new membership year.
11. A returning member is in arrears for dues if not paid before his first hike upon returning.
12. Hikers who are current members may sponsor guests provided that the adult guests have a GVR issued guest card and are accompanied by HC member. (See 3. & 4. above.)

2010 CALENDAR

Board Meetings:

Las Campanas, 6:30 P.M. (Weds.)
4/21/2009

Hike Leaders Meetings:

Las Campanas, 6:30 P.M. (Weds.)
04/ 28, 2010

Pot Luck Dinners:

West Center, 5:00 P.M. (Sun.)
04/ 04/ 2010

Surfing the Web??

- ... Check out the Hiking Club's **WEBSITE:** <http://gvrhc.org>
- ...Monthly bulletins with up-to-date changes
- ...Board minutes
- ...Profiles of early leaders
- ...LIBRARY listing of the many books and DVDs
- ...Membership application

... Other web site of interest:

- ... www.fs.fed.us/r3/Coronado
- ... www.aztrail.org
- ... www.tumacacoriwild.org
- ... www.sanpedroriver.org
- ... www.nps.gov/tuma/Anzatrail.htm
- ... www.land.state.as.us State Land Permits

